

SKINCARE

O2 OXYGENATING FACIAL BY IMAGE

50 min. | \$145 Sun.-Fri. | \$155 Saturdays

Unveil fresh, healthy skin with our effervescent oxygen infusing facial that's both gentle, and invigorating—visibly increasing radiance, clarity, and hydration. This treatment is ideal for every skin type.

ILLUMINATING FACIAL BY EMINENCE

80 min. | \$170 Sun.-Fri. | \$180 Saturdays

Complexion instantly appears revitalized, even luminous, with this Arctic Berry Enzyme facial for all skin types. This breakthrough peel and peptide illuminating system targets blemishes, uneven skin, and fine lines to reveal a new level of radiance to your skin.

ULTIMATE LIFTING FACIAL BY IMAGE

50 min. | \$155 Sun.-Fri. | \$165 Saturdays

Immediately reveal a healthier complexion with just one application of this revolutionary four layer treatment. A unique, nutrient rich blend of ingredients repairs your skin to brighten, tighten, and lift while strengthening and improving its ability to retain moisture. Suitable for all skin types, including sensitive skin.

STONE CROP ESSENTIAL FACIAL BY EMINENCE

50 min. | \$130 Sun.-Fri. | \$140 Saturdays

Discover a smoother, calmer, and firmer complexion. Stone Crop is a natural succulent used for centuries as a first-aid plant. Custom tailored to your skin type, sensitive skin is calmed, oily to dry skin is balanced, and signs of sun damage are lightened.

TRIPLE C & E FIRMING FACIAL BY EMINENCE

50 min. | \$130 Sun.-Fri. | \$140 Saturdays

Increase elasticity and diminish fine lines. Light aromatics of natural rosehip and organic fruit extracts soothe the senses while imparting incredible benefits to firm and refine your complexion. Protects and treats all skin types with a hydrating boost of vitamins and botanicals.

VIBRANT SKIN FACIAL BY IMAGE

50 min. | \$130 Sun.-Fri. | \$140 Saturdays

Visibly reduce the appearance of wrinkles and fine lines with this intensely hydrating facial. Our comprehensive antioxidant treatment awakens your senses and energizes your skin with a vital boost of our nourishing Vitamin C complex. Skin is instantly firmed and tightened, skin texture is hydrated and plumped, and your complexion is soft with a natural radiant glow.

ENHANCE YOUR FACIAL WITH AN EYE OPENER \$25

For virtually every eye area concern: lines, wrinkles, puffiness, dark circles, and eyes lacking tone. Enrich your results with this enhancement included during your facial treatment.

MASSAGES

SYCAMORE SIGNATURE MASSAGE

80 min. Swedish | \$165 Sun.-Fri. | \$175 Saturdays

80 min. Deep Tissue | \$190 Sun.-Fri. | \$200 Saturdays

Revive your senses with a variety of therapeutic techniques to release all tension and stress. Aromatherapy coupled with warm towel compression completes this luxurious experience.

HOT SPRINGS STONE MASSAGE

75 min. | \$180 Sun.-Fri. | \$190 Saturdays

Using warm basalt stones and massage techniques, this blended treatment is a warm and relaxing experience to relieve muscle tension and mental fatigue.

DEEP TISSUE MASSAGE

50 min. | \$130 Sun.-Fri. | \$140 Saturdays

80 min. | \$170 Sun.-Fri. | \$180 Saturdays

For those who prefer a firm touch, deep tissue work includes slow, deliberate techniques using elbows, forearms, and knuckles to relieve muscle tightness.

DESTRESS MASSAGE

50 min. Swedish | \$140 Sun.-Fri. | \$150 Saturdays

50 min. Deep Tissue | \$155 Sun.-Fri. | \$165 Saturdays

Ease stress with this focused tension-releasing massage targeting the parts of your body which are mostly affected by strain—back, neck, shoulders, and scalp. Two powerful senses smell and touch, are joined through slow rhythmic massage and the healing blend of essential oils leaving you with restored physical and mental peace. Stress relief aromatherapy in a bottle is our gift to you to take home and begin a healthy change in your daily life.

MOTHER-TO-BE MASSAGE

50 min. | \$130 Sun.-Fri. | \$140 Saturdays

Focus on the changing needs of your body's overall wellness, designed to nurture the expectant mother after the first trimester. While cradled in comfort your tension and fatigue will dissolve.

INTEGRATIVE SWEDISH MASSAGE

50 min. | \$120 Sun.-Fri. | \$130 Saturdays

80 min. | \$160 Sun.-Fri. | \$170 Saturdays

Unwind, decompress, and relax to restore body and mind. Using purposeful massage techniques of light to medium pressure to embrace your specific needs by easing muscle tension and promoting relaxation.

TRANQUILITY FOR TWO COUPLES MASSAGE

50 min. | \$130 per person Sun.-Fri. | \$140 Saturdays

80 min. | \$165 per person Sun.-Fri. | \$175 Saturdays

Slip into quietness together. Two therapists perform side-by-side Swedish massages designed to restore unity, connection, and collective calm.

MASSAGE ENHANCEMENT \$15

Add aromatherapy to any massage.

BODY TREATMENTS

HYDRATING SUGAR SCRUB BY EMINENCE

50 min. | \$130 Sun.-Fri. | \$140 Saturdays

Buff and polish skin to a renewed radiance. This luxurious body scrub for all skin types exfoliates skin and increases circulation. Finished off with emollient lotion, leaving skin healthy, silky, and smooth.

DETOX BODY BRUSHING & BLUEBERRY SCRUB BY EMINENCE

50 min. | \$130 Sun.-Fri. | \$140 Saturdays

Detox and invigorate your skin with a full body dry brush exfoliation and an organic blend of blueberry soy sugar scrub to polish skin and purify pores. A lavish application of ultra-hydrating apricot oil infused with an assortment of essential oils leaves skin feeling irresistibly soft and supple. The dry brush is our gift to you to continue your detoxifying treatment at home.

SPA INFORMATION

ARRIVAL

We request that you arrive 45 minutes prior to your scheduled appointment time if you would like to enjoy a complimentary 30 minute mineral hot spring soak before your treatment.

LATE ARRIVALS

Late arrivals will result in a shortened service.

CANCELLATION POLICY

Should you need to cancel or make a change to your appointment, please contact us at least 8 hours prior to your scheduled treatment time (24-hour cancellation notice for all Spa Packages) to avoid being charged in full.

PREGNANCY CONSIDERATIONS

Please notify our spa reservationists during the time of booking if you are pregnant. Please avoid deep tissue therapies and our thermal mineral springs.

MINIMUM AGE

Guests over the age of 14 are welcome. A signed consent form is required for all guests under the age of 18 and must be accompanied by a parent at the time of check-in.

HOURS

9:00AM-8:30PM daily

SATURDAY RATES

Due to high demand on Saturdays, all spa treatments incur an additional charge of \$10.

SPA PACKAGES

SYCAMORE RETREAT PACKAGE

Duo Retreat | \$240 per person

Trio Retreat | \$350 per person

Available Monday-Friday

Feel tension unravel while you retreat into total relaxation in our therapeutic mineral springs. Tailor your perfect spa experience by combining two or three of our most soothing and gratifying treatments listed below.

- 50 min. Integrative Swedish Massage
- 50 min. Deep Tissue Massage
- Hydrating Sugar Scrub
- Detox Body Brushing & Blueberry Scrub
- Stone Crop Essential Facial
- Vibrant Skin Facial
- Includes a 60 min Mineral Spring Soak

DAY AWAY PACKAGE

Monday-Thursday | \$160 per person

Experience a day devoted to replenishing your mind and body. This popular package allows you to elevate your wellness to a new level. Rejuvenate with Yoga, Pilates or Tai Chi, immerse in healing waters, relax in our spa, then indulge in delightful cuisine.

- 60 min Healing Arts Class
- 60 min Mineral Spring Soak
- 50 min Spa Treatment (up to \$130)
- Brunch/Lunch at Gardens of Avila (\$20 value)

OASIS GROUP ESCAPE PACKAGE

\$160 per person | package applies to groups of six or more

Available Sunday-Friday

Pamper yourself with friends with this group spa escape. Begin your relaxation under a waterfall flowing into a hot mineral water lagoon before indulging in one of our revitalizing spa treatments.

- 60 minute soak in the Oasis Mineral Springs Tub
- 50 minute Massage or Facial (up of \$130)



COMPLIMENTARY SOAK

Every spa treatment includes a complimentary 30 minute private mineral hot spring soak prior to your treatment.